



**ACVC**

Association for  
Acute CardioVascular Care

Edition 2025

# CLINICAL DECISION MAKING TOOLKIT

Instant guidance for diagnosis, risk stratification and management



**ESC**

European Society  
of Cardiology



**ACVC**

Association for  
Acute CardioVascular Care

# The Clinical Decision Making Toolkit

is produced by the **Association for Acute CardioVascular Care (ACVC)**  
of the **European Society of Cardiology (ESC)**.

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# **The Association for Acute CardioVascular Care Clinical Decision-Making TOOLKIT**

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# KEY SYMPTOMS

## 1.1 ACUTE CHEST PAIN p.5

C. Vrints & M. Aleksic

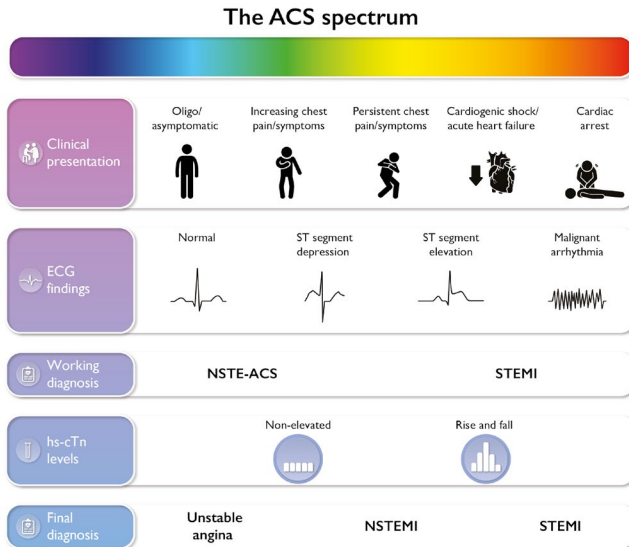
## 1.2 DYSPNOEA p.14

C. Mueller & J. Grand

## 1.3 SYNCOPE p.22

A. Moya

## Initial assessment of patients with ACUTE CHEST PAIN



## Causes of ACUTE CHEST PAIN

Primary cardiovascular	Primary non-cardiovascular
<ul style="list-style-type: none"><li>• Acute coronary syndromes<ul style="list-style-type: none"><li>* ST segment elevation myocardial infarction (STEMI)</li><li>* Non-ST segment elevation myocardial infarction (NSTEMI)</li><li>* Unstable angina</li></ul></li><li>• Acute aortic syndrome</li><li>• Pulmonary embolism, pulmonary infarction</li><li>• Severe acute heart failure</li><li>• Tachyarrhythmias</li><li>• Severe hypertensive crisis</li><li>• Aortic stenosis, hypertrophic cardiomyopathy</li><li>• Acute pericarditis, pericardial effusion</li><li>• Acute myocarditis</li><li>• Stress cardiomyopathy (Takotsubo syndrome)</li><li>• Cardiac contusion</li></ul>	<ul style="list-style-type: none"><li>• Pneumonia, bronchitis, acute asthma</li><li>• Pleuritis, pleural effusion, pneumothorax</li><li>• Peptic ulcer disease, pancreatitis, cholecystitis</li><li>• Oesophageal spasm, oesophagitis, gastroesophageal reflux (GER)</li><li>• Thoracic trauma</li><li>• Costochondritis, rib fracture</li><li>• Cervical/thoracic vertebral or discal damage</li><li>• Herpes zoster</li><li>• Psychogenic</li></ul>

## Factors to be considered in the evaluation after the first call for ACUTE CHEST PAIN

First call for chest pain	Higher death risk / probability for ACS	Lower death risk / probability for ACS
<b>Arguments for vital risk</b>	<ul style="list-style-type: none"> <li>• Cardiorespiratory arrest, syncope/ loss of consciousness, neurological defect</li> <li>• Dyspnoea (see chapter 1.2)</li> <li>• Arrhythmias - tachycardia</li> </ul>	<ul style="list-style-type: none"> <li>• Normal consciousness</li> <li>• Normal breathing</li> <li>• Normal heart rhythm</li> </ul>
<b>Context, CV risk</b>	<ul style="list-style-type: none"> <li>• Age &gt;40 years</li> <li>• Previous CV disease (MI, stroke, PE)</li> <li>• Modifiable CV risk factors (smoker, HTN, hypercholesterolemia, diabetes)</li> <li>• Chronic CV treatment</li> </ul>	<ul style="list-style-type: none"> <li>• Age &lt;40 years</li> <li>• No previous CV disease</li> <li>• No CV risk factors</li> <li>• No chronic treatment</li> <li>• Hyperthermia</li> </ul>
<b>Chest pain characteristics</b>	<ul style="list-style-type: none"> <li>• Location: Medial/lateral, retrosternal</li> <li>• Irradiation: jaw, neck, arm, back</li> <li>• Intensity: high</li> <li>• Duration: prolonged (&gt; 20 min)</li> <li>• Associated symptoms: dyspnoea, sweating, lightheadedness, nausea</li> <li>• Trigger: exertion/spontaneous</li> </ul>	<ul style="list-style-type: none"> <li>• Location: variable</li> <li>• Irradiation: lateral, abdominal</li> <li>• Intensity: variable</li> <li>• Duration: short (&lt; 1min)</li> <li>• Associated symptoms: no neurovegetative symptoms</li> <li>• Trigger: depends on position, palpation or movements</li> </ul>

## High-risk criteria for ACUTE CHEST PAIN suggestive of ACS

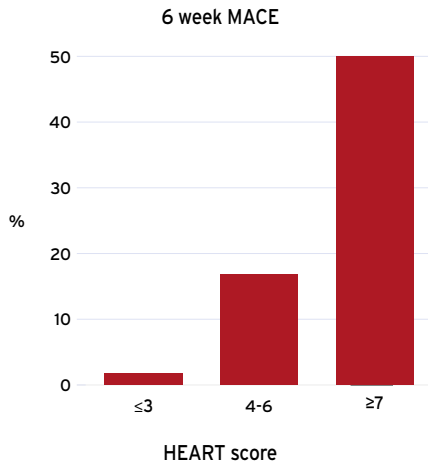
Symptoms	Prolonged ongoing chest pain (≥20 minutes)
History	<ul style="list-style-type: none"> <li>• Prior PCI in the last 6 months</li> <li>• Prior CABG</li> <li>• CV risk factors (HTN, DM, smoking, older age)</li> </ul>
Clinical findings	<ul style="list-style-type: none"> <li>• Pulmonary oedema most likely due to ischaemia</li> <li>• Hypotension</li> <li>• Tachycardia</li> <li>• New mitral regurgitation murmur</li> <li>• Acute heart failure (Killip class &gt;1)</li> <li>• New systolic murmur at Erb's point</li> </ul>
ECG	<ul style="list-style-type: none"> <li>• Dynamic ST changes &gt;0.5 mm during chest pain</li> <li>• New or presumably new left or right bundle branch block</li> <li>• Sustained ventricular tachycardia</li> <li>• High degree atrioventricular block</li> </ul>
Biomarkers	<ul style="list-style-type: none"> <li>• Elevated cardiac troponins</li> </ul>
Score	<ul style="list-style-type: none"> <li>• GRACE risk score ≥140</li> <li>• HEART score ≥7</li> </ul>

Reference: Diagnosis and risk stratification of chest pain patients in the emergency department: focus on acute coronary syndromes  
European Heart Journal. Acute Cardiovascular Care, Volume 9, Issue 1, 1 February 2020, Pages 76-89 table 2



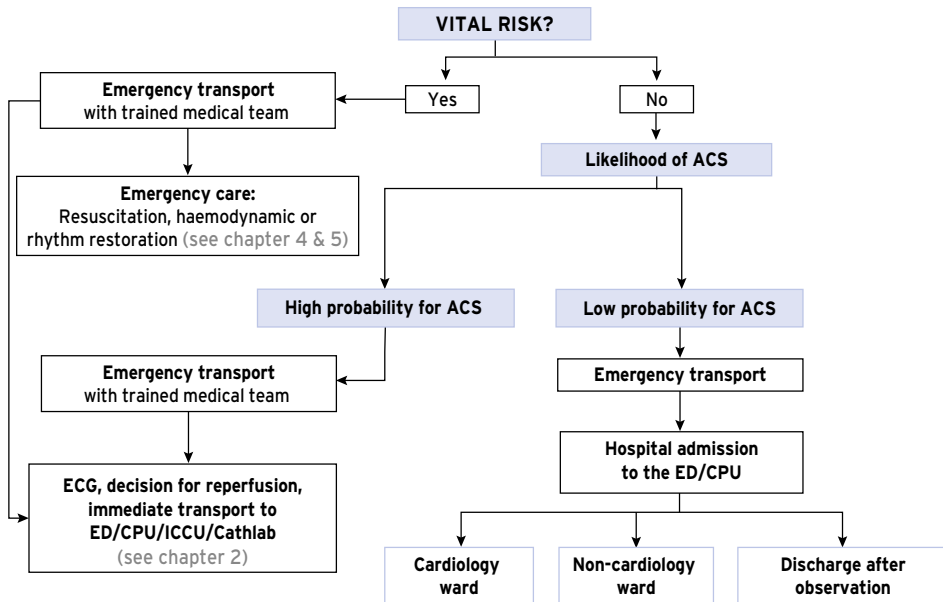
## High-risk criteria for ACUTE CHEST PAIN suggestive of ACS

HEART SCORE	
<b>History</b>	2 = Highly suspicious 1 = Moderately suspicious 0 = Slightly or non-suspicious
<b>ECG</b>	2 = Significant ST-depression 1 = Nonspecific repolarization disturbance 0 = Normal
<b>Age</b>	2 = $\geq 65$ years 1 = $\geq 45$ < 65 years 0 = < 45 years
<b>Risk factors</b>	2 = $\geq 3$ or history of atherosclerotic disease 1 = 1 or 2 0 = no risk factors known
<b>Troponin</b>	2 = $\geq 3$ x upper limit 1 = 1x – 3x upper limit 0 = $\leq$ upper limit
<b>LOW RISK</b>	HEART score $\leq 3$



Reference: Diagnosis and risk stratification of chest pain patients in the emergency department: focus on acute coronary syndromes. European Heart Journal. Acute Cardiovascular Care, Volume 9, Issue 1, 1 February 2020, Pages 76-89 figure 2

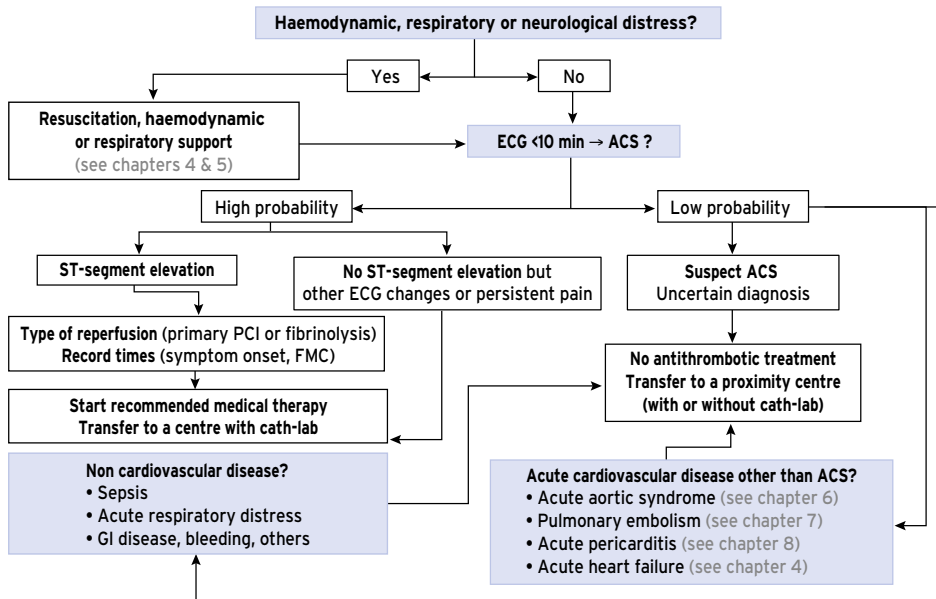
## Approach after first call for out-of-hospital ACUTE CHEST PAIN



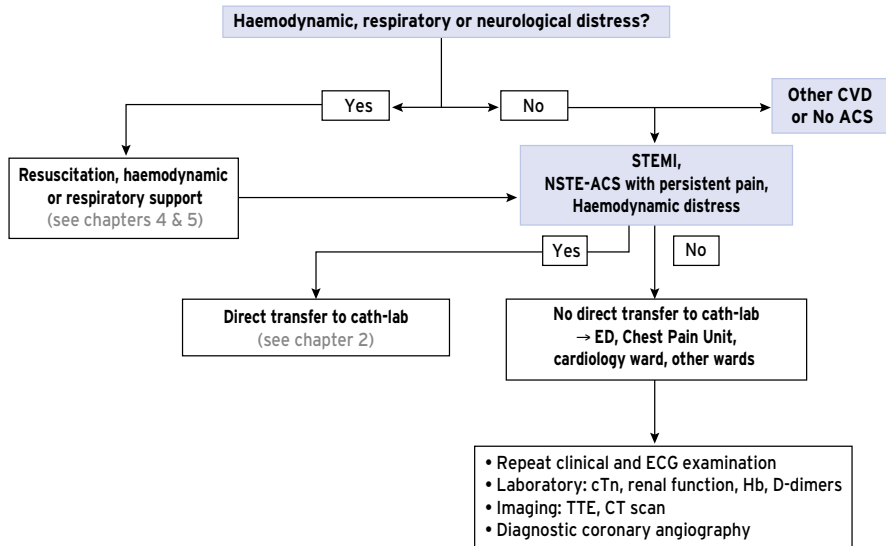
## Factors to be considered in the evaluation during the first medical contact for ACUTE CHEST PAIN

First medical contact	Higher death risk / probability for ACS	Lower death risk / probability for ACS
Haemodynamic, respiratory, neurological distress	<ul style="list-style-type: none"> <li>Cardiopulmonary arrest, hypotension, tachycardia, shock</li> <li>Dyspnoea, hypoxemia, Lung rales (Killip class <math>\geq 2</math>)</li> <li>ECG: ST-segment deviation</li> </ul>	<ul style="list-style-type: none"> <li>Normal consciousness, no motion defects</li> <li>Normal HR and BP</li> <li>Normal breathing and SpO<sub>2</sub>, no loss of pulse</li> </ul>
Probability for ACS	<ul style="list-style-type: none"> <li>Context, typical symptoms consistent with myocardial ischemia</li> <li>ECG changes</li> <li>Hs cTn</li> </ul>	<ul style="list-style-type: none"> <li>No CV risk, atypical symptoms, normal ECG</li> <li>Negative hs cTn only if onset of pain <math>&gt;3</math> hours (see chapter 2.1)</li> </ul>
STEMI NSTEMI-ACS Uncertain diagnosis (see chapter 2.1)	ECG criteria for STEMI ST depression or normal ECG	Normal ECG (repeat 12-lead ECG recording if symptoms persist/recur) Other ST-segment abnormalities
Type of reperfusion	<ul style="list-style-type: none"> <li><b>Primary PCI or thrombolysis?</b> Primary PCI if delay <math>&lt;120</math> min (preferably <math>&lt;90</math> min) or <math>&lt;60</math> min if onset of pain <math>&lt;120</math> min. Consider age, anterior wall location</li> <li><b>Relevant times:</b> Symptom onset, first medical contact (FMC). FMC <math>\rightarrow</math> ECG/diagnosis; FMC <math>\rightarrow</math> PCI; FMC <math>\rightarrow</math> thrombolysis</li> </ul>	<ul style="list-style-type: none"> <li>Primary PCI between 12-48 hours in patients with ongoing ischemia, symptoms or clinical/haemodynamic or electrical instability</li> <li>No reperfusion if delay <math>&gt;12</math> hours and stable, asymptomatic, without ST-segment elevation</li> </ul>
Time assessment		

## First medical contact in patients with ACUTE CHEST PAIN (home-ambulance)



## Management of patients with ACUTE CHEST PAIN (emergency room)



## DYSPNOEA: Differential diagnosis

Up to 50% have  $\geq 2$  diagnoses, which may result in acute respiratory failure\*!

### Basic measures

- BP, HR, respiratory rate, SpO<sub>2</sub> & temperature
- Start oxygen to target SpO<sub>2</sub> (90-92% in COPD)
- Start i.v. line & monitor patient arterial blood gas

### Criteria for transfer to ICU (despite treatment for 30 minutes)

- Respiratory rate  $>35/\text{min}$
- SBP  $<90$  mmHg
- SpO<sub>2</sub>  $<85\%$
- HR  $>120$  bpm

- ECG
- Chest X-ray
- Blood count
- D-Dimers if low-intermediate probability of PE
- BNP/NT-proBNP
- Venous BG
- Troponin

**Acute heart failure**  
(see chapter 4)

**Acute coronary syndrome**  
(see chapter 2)

**Pneumonia**

**Exacerbated COPD  
or other chronic  
lung disease**

**Pulmonary  
embolism**  
(see chapter 7)

**Other causes, including**

- Asthma
- Severe sepsis
- Tumor
- Pneumothorax
- Pleural effusion/ascites
- Anxiety disorder
- Anemia
- Bronchitis
- Metabolic acidosis
- Neurologic disease

\* Defined as  $\geq 1$  criterion:

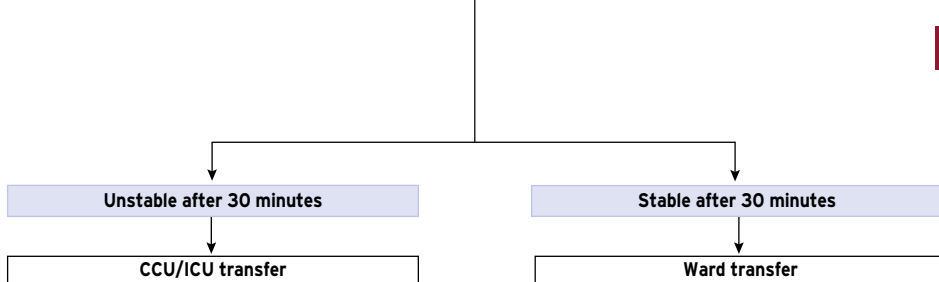
- Respiratory rate  $\geq 25/\text{min}$
- PaO<sub>2</sub>  $\leq 75$  mmHg
- SpO<sub>2</sub>  $\leq 92\%$  in ambient air
- PaCO<sub>2</sub>  $\geq 45$  mmHg with arterial pH  $\leq 7.35$

## DYSPNOEA: Acute heart failure (see chapter 4.1)

### BASIC WORK-UP

- **Immediate 12-lead ECG, cardiac monitor, BP, respiratory rate, pulse oximetry**
- **Clinical findings**  
Clinical findings: lower extremity oedema, jugular venous distension, rales
- **Laboratory findings**  
Complete blood count, chemistries, cardiac enzymes, BNP, NT-proBNP, TSH, VBGA
- **Chest X-ray +/- lung ultrasound**
- **Echocardiogram**  
Within 24h (immediately if in shock)
- **Coronary angiography**  
If ACS or ventricular arrhythmias (emergent) or persistent angina (delayed). Consider in patients with intermediate-to-high pre-test probability of CAD

- **Positioning** Keep head of bed elevated above level of legs
- **Oxygen** Up to 12 l/min via rebreather mask, titrate oxygen saturation to 94%
- **Furosemide** 40-120 mg i.v. (adjust based on kidney function and clinical findings; monitor creatinine)
- **Nitroglycerin** Tablets, sublingual spray, patches or iv according to local protocols.  
In pulmonary oedema with severe shortness of breath: NTG drip
  - Check BP after 5 and 10 min
  - Increase dose until symptom relieve as long as SBP >90 mmHg
  - Additional BP check 5 and 10 min after each increase in dosing
  - Check BP every 20 min once a steady drip rate is reached
- **Heart rate control** IV Digoxin (0.75 - 1.0 mg) +/- low dose oral betablocker in patients with atrial fibrillation and ventricular rate >120/min
- **Anticoagulation** Therapeutic dosing in ACS and atrial fibrillation: Enoxaparin 1 mg/kg body weight as 1<sup>st</sup> dose in patients with ACS (see chapter 2) or atrial fibrillation (see chapter 5.2)

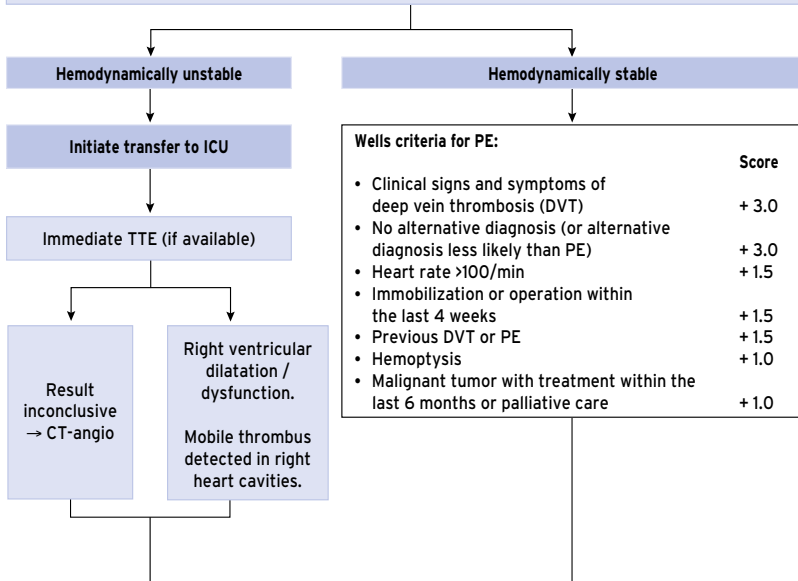


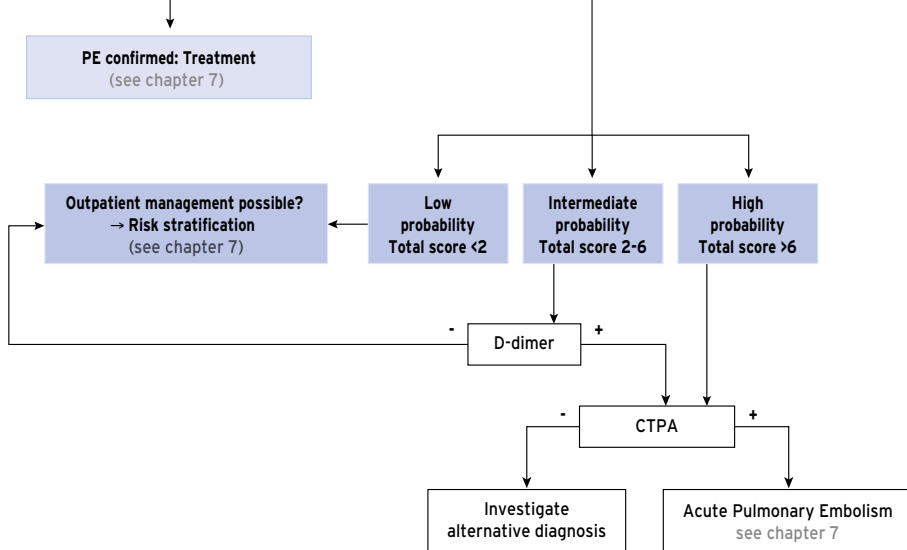


## DYSPNOEA: Acute pulmonary embolism (see chapter 7)

Priorities: 1. Vital signs 2. Diagnostic screening dependent upon clinical stratification

ABG, ECG, chest X-ray plus clinical assessment of PE probability (risk factors) plus monitoring





## DYSPNOEA: COPD exacerbation

- Verify diagnosis (DD: PE, acute heart failure, pneumothorax)
- Oxygen administration → SpO<sub>2</sub> target 88-92% (Beware of carbonarcosis: ABC after 1 h)

### Definition:

- Known COPD and/or
- Progressive dyspnea and/or
  - Change in quantity and color of sputum and/or
  - Heavy coughing

- COPD classification (GOLD)

- Etiology

- History, clinical examination (blood pressure, pulse, oxygen saturation, vigilance)

- Laboratory findings: Blood count, coagulation, ProCT, perhaps BNP
- Chest X-ray; ECG (exclusion of differential diagnoses)
- Sputum cultures (always in case of hospitalisation or previous outpatient antibiotic treatment)

- Hospitalisation indicated?

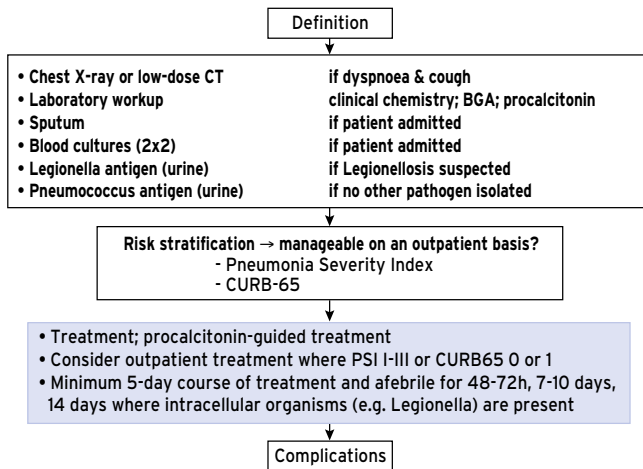
- Evaluate ICU criteria
- NIV indicated?

- Oxygen therapy 2-(4) l; target saturation 90%
- Salbutamol/ipratropium inhalations ≥4-6 x/d, if needed long-term inhalation
- Systemic steroids prednisone 0.5 mg/kg of body weight for 5 days
- Antibiotic treatment should be considered; always indicated in stage Gold IV
- Physiotherapy

- Follow-up

## DYSPNOEA: Community-acquired pneumonia

Objective: diagnostics, risk stratification & empirical immediate treatment <2(-4) hours



## SYNCOPE: Assessment of patients with transient loss of consciousness (TLOC)

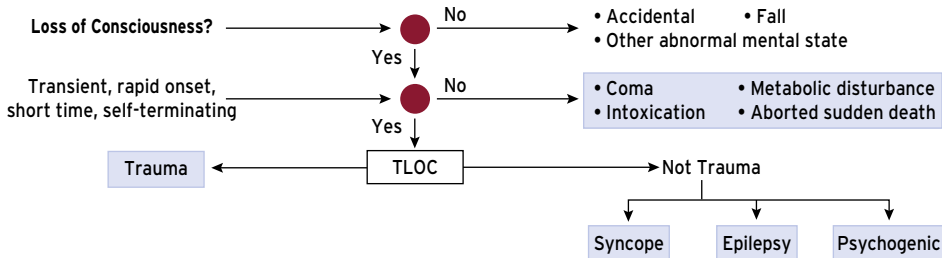
Syncope is defined as a transient loss of consciousness due to global cerebral hypoperfusion characterised by rapid onset, short duration, spontaneous and complete recovery.

The differentiation between syncope and non-syncopal conditions with real or apparent LOC can be achieved in most cases with a **detailed clinical history** but sometimes can be extremely difficult.

The following questions should be answered:

- Was LOC complete?
- Was LOC transient with rapid onset and short duration?
- Did the patient recover spontaneously, completely and without sequelae?
- Did the patient lose postural tone?

If the answers to these questions are positive, the episode has a high likelihood of being syncope. If the answer to one or more of these questions is negative, exclude other forms of LOC before proceeding with syncope evaluation.



## **SYNCOPE: Diagnostic criteria (1)**

### **Diagnostic criteria with initial evaluation**

**Vasovagal syncope** is diagnosed if syncope is precipitated by emotional distress or orthostatic stress and is associated with typical prodrome.

**Situational syncope** is diagnosed if syncope occurs during or immediately after specific triggers.

**Orthostatic syncope** is diagnosed when it occurs after standing up and there is documentation of orthostatic hypotension, and when there are one or more episodes of daytime systolic hypotension  $< 90$  mm Hg with ambulatory blood pressure monitoring.

**Arrhythmia related syncope** is diagnosed by ECG when there is:

- Persistent sinus bradycardia  $< 40$  bpm in awake or repetitive sinoatrial block or sinus pauses  $> 3$  s
- Mobitz II or 3<sup>rd</sup> degree AV block
- Alternating left and right BBB
- VT or rapid paroxysmal SVT
- Non-sustained episodes of polymorphic VT and long or short QT interval
- Pacemaker or ICD malfunction with cardiac pauses

**Cardiac ischemia related syncope** is diagnosed when syncope presents with ECG evidence of acute ischemia with or without myocardial infarction.

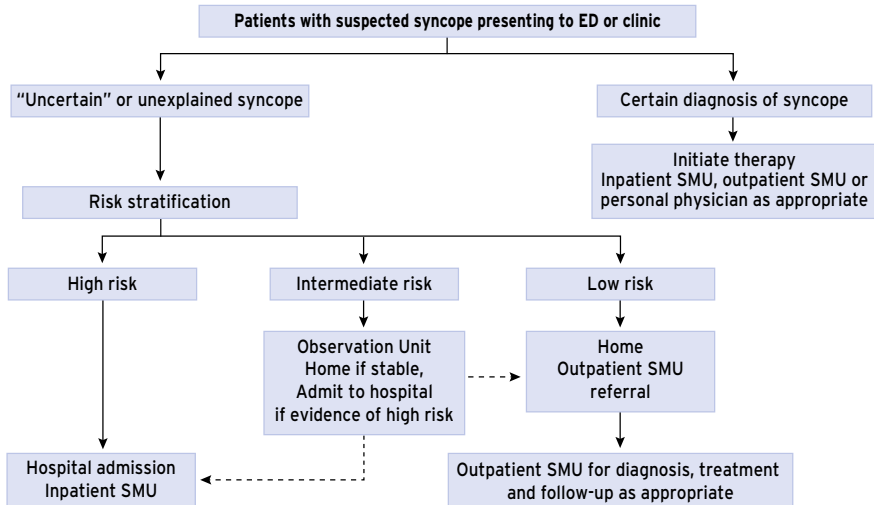
**Cardiovascular syncope** is diagnosed when syncope presents in patients with prolapsing atrial myxoma, severe aortic stenosis, pulmonary hypertension, pulmonary embolus or acute aortic dissection.

## SYNCOPE: Definition of risks

Intermediate risk	High risk
<ul style="list-style-type: none"> <li>• No clear warning symptoms</li> <li>• No warning symptoms or short prodrome</li> <li>• The following ECG changes:               <ul style="list-style-type: none"> <li>- Persistent sinus bradycardia</li> <li>- Bundle branch block or intraventricular conduction disturbances</li> <li>- Ventricular hypertrophy</li> <li>- Mobitz I AV block</li> <li>- Asymptomatic sinus bradycardia</li> <li>- Paroxysmal supraventricular tachycardia or atrial fibrillation</li> <li>- Atypical Brugada pattern</li> <li>- Pre-excited QRS complex</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Syncope during exertion or preceded by palpitations, chest pain or breathlessness</li> <li>• Presence of severe structural or coronary artery disease, heart failure, low left ventricular ejection fraction</li> <li>• Persistent low systolic blood pressure (&lt; 90 mmHg)</li> <li>• The following ECG abnormalities:               <ul style="list-style-type: none"> <li>- ECG changes consistent with acute ischemia</li> <li>- Mobitz II or 3rd degree AV block</li> <li>- sinus pauses &gt; 3 sec</li> <li>- sustained or non-sustained ventricular tachycardia</li> <li>- Type I Brugada pattern</li> </ul> </li> <li>• Dysfunction of an implanted cardiac device (pacemaker or ICD)</li> <li>• Family history of sudden death at young age</li> <li>• QTc &gt; 460 ms</li> <li>• Negative T waves in right precordial leads and epsilon waves suggestive or arrhythmogenic right ventricular cardiomyopathy</li> </ul>

## SYNCOPE: Evaluation and risk stratification of patients with suspected syncope

Once syncope is considered to be the likely diagnosis, risk stratification is required to determine further management.





## SYNCOPE: Diagnostic criteria (2)

### Diagnostic criteria with provocation maneuvers

Carotid sinus massage	Orthostatic Hypotension
<p><b>Indications</b></p> <ul style="list-style-type: none"> <li>• CSM is indicated in patients &gt;40 years with syncope of unknown aetiology after initial evaluation;</li> <li>• CSM should be avoided in patients with previous MI, TIA or stroke within the past 3 months and in patients with carotid bruits (except if carotid Doppler studies excluded significant stenosis)</li> </ul>	<p><b>Recommendations: Active standing Indications</b></p> <ul style="list-style-type: none"> <li>• Manual intermittent determination with sphygmomanometer of BP supine and, when OH is suspected, during active standing for 3 min is indicated as initial evaluation;</li> <li>• Continuous beat-to-beat non-invasive pressure measurement may be helpful in cases of doubt</li> </ul>
<p><b>Diagnostic criteria</b></p> <ul style="list-style-type: none"> <li>• CSM is diagnostic if syncope is reproduced in presence of asystole longer than 3 s and/or a fall in systolic BP &gt;50 mmHg</li> </ul>	<p><b>Diagnostic criteria</b></p> <ul style="list-style-type: none"> <li>• The test is diagnostic when there is a symptomatic fall in systolic BP from baseline value <math>\geq 20</math> mmHg or diastolic BP <math>\geq 10</math> mmHg or a decrease in systolic BP to &lt;90 mmHg;</li> <li>• The test should be considered diagnostic when there is an asymptomatic fall in systolic BP from baseline value <math>\geq 20</math> mmHg or diastolic BP <math>\geq 10</math> mmHg or a decrease in systolic BP to &lt;90 mmHg</li> </ul>

## Treatment according to type of SYNCOPE (1)

Treatment of reflex syncope	Treatment of orthostatic hypotension
<ul style="list-style-type: none"> <li>• Explanation of the diagnosis, provision of reassurance and explanation of risk of recurrence are in all patients</li> <li>• Isometric PCM are indicated in patients with prodrome</li> <li>• Cardiac pacing should be considered in patients with dominant cardioinhibitory CSS</li> <li>• Cardiac pacing should be considered in patients with frequent recurrent reflex syncope, age &gt;40 years and documented spontaneous cardioinhibitory response during monitoring</li> <li>• Cardio neuroablation may be considered in young patients with recurrent reflex syncope and documented cardiac pauses during monitoring, dominant cardioinhibitory CSS or cardioinhibitory positive tilt test</li> <li>• Midodrine may be indicated in patients with VVS refractory to lifestyle measures</li> <li>• Tilt training may be useful for education of patients but long-term benefit depends on compliance</li> <li>• Cardiac pacing may be indicated in patients with tilt-induced cardioinhibitory response with recurrent frequent unpredictable syncope and age &gt;40 after alternative therapy has failed</li> <li>• Triggers or situations inducing syncope must be avoided as much as possible</li> <li>• Hypotensive drugs must be modified or discontinued</li> <li>• Cardiac pacing is not indicated in the absence of a documented cardioinhibitory reflex</li> <li>• Beta-adrenergic blocking drugs are not indicated</li> <li>• Fluid consumption and salt in the diet should be increased</li> </ul>	<ul style="list-style-type: none"> <li>• Adequate hydration and salt intake must be maintained</li> <li>• Midodrine should be administered as adjunctive therapy if needed</li> <li>• Fludrocortisone should be administered as adjunctive therapy if needed</li> <li>• PCM may be indicated</li> <li>• Abdominal binders and/or support stockings to reduce venous pooling may be indicated</li> <li>• Head-up tilt sleeping (&gt;10°) to increase fluid volume may be indicated</li> <li>• Triggers or situations inducing syncope must be avoided as much as possible</li> <li>• Hypotensive drugs administered for concomitant conditions must be discontinued or reduced</li> </ul>

## Treatment according to type of SYNCOPE (2)

### Treatment of arrhythmic syncope

#### Cardiac Pacing

- Pacing is indicated in patients with sinus node disease in whom syncope is demonstrated to be due to sinus arrest (symptom-ECG correlation) without a correctable cause
- Pacing is indicated in sinus node disease patients with syncope and abnormal CSNRT
- Pacing is indicated in sinus node disease patients with syncope and asymptomatic pauses >3 sec. (with possible exceptions of young trained persons, during sleep and in medicated patients)
- Pacing is indicated in patients with syncope and 2<sup>nd</sup> degree Mobitz II, advanced or complete AV block
- Pacing is indicated in patients with syncope, BBB and positive EPS
- Pacing should be considered in patients with unexplained syncope and BBB
- Pacing may be indicated in patients with unexplained syncope and sinus node disease with persistent sinus bradycardia itself asymptomatic
- Pacing is not indicated in patients with unexplained syncope without evidence of any conduction disturbance

#### Catheter ablation

- Catheter ablation is indicated in patients with symptom/ arrhythmia ECG correlation in both SVT and VT in the absence of structural heart disease (with exception of atrial fibrillation)
- Catheter ablation may be indicated in patients with syncope due to the onset of rapid atrial fibrillation

#### Antiarrhythmic drug therapy

- Antiarrhythmic drug therapy, including rate control drugs, is indicated in patients with syncope due to onset of rapid atrial fibrillation
- Drug therapy should be considered in patients with symptom/ arrhythmia ECG correlation in both SVT and VT when catheter ablation cannot be undertaken or has failed

#### Implantable Cardioverter Defibrillator (ICD)

- ICD is indicated in patients with documented VT and structural heart disease
- ICD is indicated when sustained monomorphic VT is induced at EPS in patients with previous myocardial infarction
- ICD should be considered in patients with documented VT and inherited cardiomyopathies or channelopathies

## Abbreviations

**APTT** = Activated partial thromboplastin time  
**AB** = Airway and breathing  
**ABG** = Arterial blood gas  
**AADs** = Antiarrhythmic drugs  
**AAS** = Acute aortic syndrome  
**ACEI** = Angiotensin converting enzyme inhibitor  
**ACLS** = Advanced cardiovascular life support  
**ACS** = Acute coronary syndrome  
**ACT** = Activated clotting time  
**AD** = Aortic Dissection  
**AED** = Automated external defibrillator  
**AF** = Atrial fibrillation  
**ANA** = Antinuclear antibodies  
**Ao** = Aortic  
**aPTT** = Activated partial thromboplastin time  
**ARB** = Angiotensin receptor blockers  
**AS** = Aortic stenosis  
**AV** = Atrioventricular  
**AVB** = Atrioventricular conduction block  
**AVN** = Atrioventricular node  
**AVNRT** = Atrioventricular nodal re-entrant tachycardia

**AVNT** = Atrioventricular nodal tachycardia  
**BID** = Twice a day  
**BBB** = Bundle branch block  
**BLS** = Basic life support  
**BNP** = Brain natriuretic peptide  
**BP** = Blood pressure  
**CABG** = Coronary artery bypass grafting  
**CAD** = Coronary artery disease  
**Cath Lab** = Catheterisation laboratory  
**CCB** = Calcium channel blockers  
**CCU** = Coronary care unit  
**CHF** = Congestive heart failure  
**CMR** = Cardiovascular magnetic resonance  
**COPD** = Chronic obstructive pulmonary disease  
**CPAP** = Continuous positive airway pressure  
**CPR** = Cardiopulmonary resuscitation  
**Cr** = Creatinine blood level (mg/dL)  
**CrCl** = Creatinine clearance  
**CRP** = C-reactive protein  
**CS** = Cardiogenic shock  
**CSM** = Carotid sinus massage  
**CSNRT** = Corrected sinus node recovery time

## Abbreviations (Cont.)

**CSS** = Carotid sinus syndrome

**CT** = Computed tomography

**CT-angio** = Computed tomography angiography

**cTn** = Cardiac troponin

**CUS** = Compression venous ultrasound

**CV** = Cardiovascular

**CVA** = Cerebrovascular accident

**CXR** = Chest X-ray

**DAPT** = Dual antiplatelet therapy

**DD** = Diastolic dysfunction

**DM** = Diabetes mellitus

**dTT** = Diluted thrombin time

**DVT** = Deep vein thrombosis

**ECG** = Electrocardiogram

**Echo** = Echocardiogram

**ECMO** = Extracorporeal membrane oxygenation

**ECT** = Ecarin clotting time

**ED** = Emergency department

**EF** = Ejection fraction

**EG** = Electrograms

**eGFR** = Estimated glomerular filtration rate  
(ml/min/1.73 m<sup>2</sup>)

**EMB** = Endomyocardial biopsy

**EMS** = Emergency medical services

**EPS** = Electrophysiological study

**ERC** = European Resuscitation Council

**ESR** = Erythrocyte sedimentation rate

**ETT** = Exercise treadmill testing

**FFP** = Fresh frozen plasma

**FMC** = First medical contact

**GER** = Gastroesophageal reflux

**GFR** = Glomerular flow rate

**GI** = Gastrointestinal

**GP** = Glycoprotein

**Hb** = Haemoglobin

**HF** = Heart failure

**HIT** = Heparin-induced thrombocytopenia

**HOCM** = Hypertrophic obstructive cardiomyopathy

**HTN** = Hypertension

**HR** = Heart rate

**hsTn** = High-sensitive troponin

**IABP** = Intra-aortic balloon pump

**ICC** = Intensive cardiac care

**ICCU** = Intensive cardiac care unit

## Abbreviations (Cont.)

**ICD** = Implantable cardioverter defibrillator

**ICI** = Immune checkpoint inhibitors

**IHD** = Ischemic heart disease

**IMH** = Intramural hematoma

**IRF** = Immediate-release formulation

**ISFC** = International Society and Federation of Cardiology

**i.o.** = Intraosseous

**IV** = Invasive ventilation

**i.v.** = Intravenous

**KD** = Kidney disease

**LBBB** = Left bundle branch block

**LD** = Loading dose

**LGE** = Late gadolinium enhancement

**LMWH** = Low-molecular weight heparin

**LOC** = Loss of consciousness

**LV** = Left ventricular

**LVAD/Bi-AD** = left ventricular, bi-ventricular assist device

**LVD** = Left ventricular dysfunction

**LVEF** = Left ventricular ejection fraction

**LVH** = Left ventricular hypertrophy

**LVSD** = Left ventricular systolic dysfunction

**MCS** = Mechanical circulatory support

**MD** = Maintenance dose

**MDCT** = Computed tomography with >4 elements

**MI** = Myocardial infarction

**MRA** = Mineralocorticoid receptor antagonist

**MRI** = Magnetic resonance imaging

**Mvo** = Microvascular obstruction

**NIV** = Non-invasive ventilation

**NOAC** = New oral anticoagulants

**NSAID** = Non-steroidal anti-inflammatory drugs

**NSVT** = Non-sustained ventricular tachycardia or recurrent

**NSTE-ACS** = Non ST-segment elevation acute coronary syndrome

**NSTEMI** = Non ST-segment elevation myocardial infarction

**NTG** = Nitroglycerin

**NT-proBNP** = N-terminal pro brain natriuretic peptide

**NVAF** = Non-valvular atrial fibrillation

**NYHA** = New York Heart Association

**OH** = Orthostatic hypotension  
**PAP** = Pulmonary arterial pressure  
**PAU** = Penetrating aortic ulcer  
**PCI** = Percutaneous coronary intervention  
**PCM** = Physical counter-measures  
**PCP** = Pulmonary capillary pressure  
**PE** = Pulmonary embolism  
**PEA** = Pulmonary endarterectomy  
**PEEP** = Positive end expiratory pressure  
**PPC** = Prothrombin complex concentrate  
**PR** = Pulmonary regurgitation  
**PRECISE-DAPT** = PREdicting bleeding  
Complications In patients undergoing Stent  
implantation and subsequent Dual Anti Platelet  
Therapy  
**PRF** = Prolonged-release formulation  
**ProCT** = Procalcitonin  
**PRN** = Pro re nata  
**PS-PEEP** = Pressure support-positive end-  
expiratory pressure  
**PSVT** = Paroxysmal supraventricular tachycardia  
**QD** = Once a day

**QPM** = Every evening  
**rFVIIa** = Recombinant factor VIIa  
**rtPA** = Recombinant tissue plasminogen activator  
**RV** = Right ventricular  
**RVOT-VT** = Right ventricular outflow tract  
ventricular tachycardia  
**SBP** = Systemic blood pressure  
**s.c** = Subcutaneous  
**SIRS** = Systemic inflammatory response syndrome  
**SLE** = Systemic lupus erythematosus  
**SMU** = Syncope management units  
**STE-ACS** = ST-segment elevation acute  
coronary syndrome  
**STEMI** = ST-segment elevation myocardial infarction  
**SVT** = Supraventricular tachycardia  
**Spo<sub>2</sub>** = Oxygen saturation  
**TEE** = Transesophageal echocardiography  
**TEVAR** = Thoracic endovascular aortic repair  
**TIA** = Transient ischemic attack  
**TID** = Three times a day  
**TLOC** = Transient loss of consciousness  
**TOE** = Transoesophageal echocardiography

## Abbreviations (Cont.)

**TSH** = Thyroid-stimulating hormone  
**TTE** = Transthoracic echocardiography  
**UA** = Unstable angina  
**UFH** = Unfractionated heparin  
**ULN** = Upper limit of normal  
**VBGA** = venous blood gas analysis  
**VF** = Ventricular fibrillation  
**VR** = Vascular resistance  
**VT** = Ventricular tachycardia  
**VTE** = Venous thromboembolism  
**VVS** = Vasovagal syncope  
**WBC** = white blood cell count  
**WHO** = World Health Organization  
**WPW** = Wolff-Parkinson-White

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# Key Symptoms



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